Curriculum Vitae for Darius Viskontas

Last updated: January 2020

Darius G. Viskontas

Department of Orthopaedic Surgery

Faculty of Medicine

University of British Columbia

Office address:

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New Westminster, BC V3L 0E4

Ph: 604 777 5577 Fax: 604 777 5644

Present Rank

Clinical Associate Professor (July 1, 2016)

Post-Secondary Education

Orthopaedic Surgery Fellowship in Trauma August 2006 – July 2007 Harborview Medical Center, University of Washington, Seattle, Washington

Orthopaedic Surgery Fellowship in Knee Arthroplasty and Arthroscopy January – July 2006 Royal North Shore Hospital, Sydney, Australia

Orthopaedic Surgery Fellowship in Sports Medicine July – December 2005 Adidas Sport Medicine, Auckland, New Zealand

Orthopaedic Surgery Resident Training Program July 2000 – June 2005 University of Western Ontario, London, Ontario

Doctorate of Medicine September 1996 – June 2000 University of Ottawa, Ottawa, Ontario

Bachelor of Science with High Distinction September 1993 – May 1996 University of Toronto, Toronto, Ontario

Continuing Medical Education

UBC Ortho Update Vancouver, BC. May 3, 2019.

Orthopedics Today Annual Conference Big Island, Hawaii. January 15-17, 2019.

Canadian Orthopaedic Association Annual Conference Victoria, BC. June 23, 2018.

AO Trauma Course – Basic Principles of Fracture Management (Faculty member)
Madison, WI. May 30 – June 3, 2018.

Schatzker Trauma Meeting 2018 Kelowna, BC. May 26, 2018.

Direct Anterior Approach to Hip Arthroplasty – Stryker CESEI Vancouver, BC. Mar 20, 2018.

Orthopaedic Summit Evolving Techniques Las Vegas, Nevada. December 6-8, 2017.

Orthopaedic Trauma Association Annual Meeting Vancouver, BC. Oct. 13-14, 2017

Zimmer Anterior Total Hip Arthroplasty Bioskills Course Vancouver, BC. Sept 30, 2017.

AORecon and University of British Columbia Advanced Symposium Current Topics and Complications in Primary and Revision Hip and Knee Arthroplasty

Vancouver, BC. September 29, 2017.

Juan de Fuca Orthopaedic Meeting – Knee Potpourri Victoria, BC. April 8, 2017.

AO Advanced Principles of Fracture Management Phoenix, AZ. Nov 17-20, 2016.

Stryker Trauma Case Controversies Course Vancouver, BC. October 14, 2016.

Orthopedic Trauma Association Annual Meeting Washington, D.C. October 5-8, 2016.

Royal Columbian Hospital Surgical Quality Improvement Research Day Vancouver, British Columbia. February 26, 2016.

Orthopedics Today Annual Conference Big Island, Hawaii. January 12-14, 2016.

ET Smith Lectures and Orthopaedic Trauma Alumni Symposium 2015 University of Texas, Houston, Texas. November 6-8, 2015.

Orthopaedic Trauma Association Annual Meeting San Diego, California. October 8-10, 2015.

Western Orthopedic Association Annual Conference Coeur D'Alene, Idaho. Jul 30-31, 2015.

Canadian Orthopaedic Association Annual Conference Vancouver, British Columbia June 17-20, 2015

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. May 7-8, 2015

Predicting the Future in Personal Injury Claims: For Doctors, Lawyers and Therapists. Trial Lawyers Association of BC Vancouver, British Columbia. December 5, 2014

2014 University of British Columbia Orthopaedic Trauma Update Vancouver, British Columbia. November 1, 2014

Orthopaedic Trauma Association Annual Meeting Tampa, Florida. October 16-18, 2014

2014 National Capital Knee Symposium Ottawa, Ontario. September 18-19, 2014

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. May 2, 2014

Orthopaedic Trauma Association Annual Meeting Phoenix, Arizona. October 10-12, 2013

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. April 25-26, 2013 Emerging Techniques in Orthopaedics Las Vegas, Nevada. December 6-7, 2012

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. May 3-4, 2012

Far Cortical Locking Technology in Fractures Vancouver, British Columbia. May 1, 2012

Mountain Medical Society of British Columbia Annual Update Retallack, British Columbia. March 2012

Visiting Lecturer Dr. D. Helfet Department of Orthopaedics Academic Half-day, University of British Columbia January 18, 2012

Complex Knee Sports Injuries Lecture – Dr. Debernardino Vancouver, British Columbia. January 12, 2012

Triathlon Total Knee Arthroplasty Lecture Richmond, British Columbia. November 2, 2011

Orthopaedic Trauma Association Annual Meeting San Antonio, Texas. October 2011

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. May 4-6, 2011

Peer Review of Pelvic and Acetabular Cases (with Dr M. Routt) University of Washington, Seattle, Washington. April 2011

Arthroscopic Surgery 2011 – Metcalf Memorial and Arthroscopy Association of North America Winter Meeting, Snowbird, Utah. March 2011

Mountain Medical Society of British Columbia Annual Update Retallack, British Columbia. March 2011

Canadian Foot and Ankle Society Symposium Vancouver, British Columbia. January 2011

Vancouver Acute Weekly Grand Rounds University of British Columbia, Vancouver, British Columbia. October 2010 to present Canadian Orthopaedic Association Annual Conference Edmonton, Alberta. June 2010

Wilderness Medicine Conference Mount Everest Base Camp, Nepal. April 2010

Peer Review of Pelvic and Acetabular Cases (with Dr M. Routt) University of Washington, Seattle WA. March 2010

Mountain Medical Society of British Columbia Annual Update Retallack, British Columbia. March 2010

Orthopaedic Trauma Association Annual Conference San Diego, California. October 2009

Monashee Medical Update Monashee, British Columbia. March 2009

Essentials of External Fixation (Taylor Spatial Frame) Course Scottsdale, Arizona. January 2009

Peer Review of Pelvic and Acetabular Cases (with Dr M. Routt) University of Washington, Seattle Washington. November 2008

Oxford Partial Knee Instructional Course San Diego, California. November 2008

Orthopedic Trauma Association Annual Conference Denver, Colorado. October 2008

18th Annual Baltimore Limb Deformity Course Baltimore, Maryland. September 2008

Canadian Orthopaedic Association Annual Conference Quebec City, Quebec. June 2008

University of British Columbia Orthopaedic Update Vancouver, British Columbia. May 2008

Royal Columbian Hospital Weekly Orthopaedic Grand Rounds University of British Columbia, New Westminster, BC August 2007 to present

AO North America Northwest Regional Fracture Summit Seattle, Washington. June 2007

American Academy of Orthopaedic Surgery Annual Meeting San Diego, California. February 2007

Advanced Knee Arthroscopy Course Northern Clinical Skills Laboratory, Royal North Shore Hospital Sydney, Australia. May 2006

Canadian Orthopaedic Resident Forum Calgary, Alberta. May 2005

St. Justine Annual Paediatric Orthopaedic Surgery Review Course Montreal, Quebec. 2005

Canadian Orthopaedic Association – Annual Basic Science Course Ottawa, Ontario. 2004

Canadian Orthopaedic Residents Association 30th Annual Conference Toronto, Ontario. 2004

Computer Assisted Orthopedic Surgery International Conference Chicago, Illinois. 2004

International Congress on Surgery of the Shoulder Washington, DC. 2004

Sixth Biennial Foot and Ankle Symposium - University of Toronto Toronto, Ontario. 2004

Sport Medicine 2004 Conference – Ontario Medical Association Toronto, Ontario. 2004

Advanced Trauma Life Support Instructor Course London, Ontario. 2002

AO ASIF Principles of Fracture Management Toronto, Ontario. 2002

Canadian Orthopaedic Residents Association 28th Annual Conference Winnipeg, Manitoba. 2002

Canadian Orthopaedic Residents Association 27th Annual Conference Montreal, Quebec. 2001

Canadian Orthopaedic Association 56th Annual Meeting London, Ontario. 2001

Canadian Orthopaedic Residents Association 26th Annual Conference London, Ontario. 2000

Advanced Trauma Life Support London, Ontario. 2000

Professional Qualifications

Fellow of the Royal College of Surgeons of Canada (FRCSC) June 2005

Doctor of Medicine, University of Ottawa. June 2000

Employment Record

Head, Division of Orthopaedic Surgery Fraser Health Authority April 2017 – August 2019

Clinical Associate Professor Department of Orthopaedic Surgery University of British Columbia July 2016 - present

Clinical Assistant Professor Department of Orthopaedic Surgery University of British Columbia July 2012 – June 2016

Consultant Orthopaedic Surgeon Visiting Specialist Clinic, Work Safe British Columbia June 2012 - present

Consultant Orthopaedic Surgeon Specialist Referral Clinic and Cambie Surgery Centre, Vancouver, B.C. June 2008 - Present

Orthopaedic Surgeon Royal Columbian Hospital, New Westminster, B.C. August 2007 - Present

Orthopaedic Surgeon
Eagle Ridge Hospital, Port Moody, B.C.
August 2007 – Present

Clinical Instructor
Department of Orthopaedic Surgery
University of British Columbia
September 2007 – June 2012

Acting Instructor
Department of Orthopaedic Surgery
University of Washington
August 2006 – July 2007

Teaching

Teaching at University of British Columbia

Orthopaedic Surgery Resident Academic Half-Day (2h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
November 5, 2020

Orthopaedic Surgery Resident Academic Half-Day (4h) Anatomic Approaches to Pelvis and Acetabulum – Cadaver Lab August 8, 2019

Orthopaedic Surgery Resident Academic Half-Day (4h)
Anatomic Approaches to Pelvis and Acetabulum – Cadaver Lab
December 6, 2018

Orthopaedic Surgery Resident Academic Half-Day (3h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
August 30, 2018

Orthopaedic Surgery Resident Academic Half-Day (4h) Anatomic Approaches to Pelvis and Acetabulum – Cadaver Lab December 14, 2017

Orthopaedic Surgery Resident Academic Half-Day (3h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
February 9, 2017

Orthopaedic Surgery Resident Academic Half-Day (3h) Anatomy Lab – Approaches to the hip and acetabulum August 25, 2016

Orthopaedic Surgery Resident Academic Half-Day (3h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
March 12, 2015

Orthopaedic Surgery Resident Academic Half-Day (3h) Pelvic Fractures.
May 8, 2014

Orthopaedic Surgery Resident Academic Half-Day (3h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
June 6, 2013

Orthopaedic Surgery Resident (R5) Practice Oral Exams (3h) May 23, 2012

Orthopaedic Surgery Resident Practice Oral Exams (4h) November 17, 2011

Orthopaedic Surgery Resident Academic Half-day (3h)
Patellar Fractures, Patellofemoral Instability and Extensor Mechanism Injuries
October 27, 2011

Musculoskeletal Clinical Skills (INDE 420) (3.5h) October 15, 2011

Orthopaedic Surgery Resident Academic Half-day (3h) Nonunions, External-fixation, Bone Substitutes October 6, 2011

Orthopaedic Surgery Resident Oral Exam Preparation (4h) May 11, 2011

Orthopaedic Surgery Resident Oral Exam Preparation (4h) May 17, 2011

Preparation of Multiple Choice Questions (3h)
Orthopaedic Trauma Exam Section for Medical Students (YR3)
April 26, 2011

Musculoskeletal Clinical Skills (INDE 420) (3.5h) October 15, 2010

Orthopaedic Surgery Resident Bioskills Lab (4h) Vancouver General Hospital October 7, 2010

Medical Student (3YR) Practice OSCE (6h) BC Children's Hospital June 5, 2010

Orthopaedic Surgery Resident Oral Exam Preparation (3h) April 20, 2010

Orthopaedic Surgery Resident Oral Exam Preparation (3h) March 30, 2010

Orthopaedic Surgery Resident Oral Exam Preparation (3h) February 9, 2010

Orthopaedic Surgery Resident Practice Oral Exams (4h) November 26, 2009

Musculoskeletal Clinical Skills (INDE 420) (3.5h) October 16, 2009

Lecture: Fractures of the Hip (1h) Masters of Physiotherapy Program April 22, 2009

Orthopaedic Surgery Resident Oral Exam Preparation (3h) March 23, 2009

Orthopaedic Surgery Resident Practice Oral Exams (4h) October 9, 2008

Musculoskeletal Clinical Skills (INDE 420) (3.5h) October 1, 2008

Clinical Teaching of Residents and Medical Students (Years 3 and 4)
Daily in clinics, office and operating room
August 2007 – Present

Orthopaedic Trauma Tutorial for Residents and Medical Students Biweekly (Fridays 0700 – 0800h) August 2007 – Present

Royal Columbian Hospital Orthopaedic Grand Rounds Weekly (Thursdays 0700 – 0830h) August 2007 – Present

Students Supervised

Queen's University Medical Student Summer Research Studentship – Shaun Lampen – July – August, 2019.

University of British Columbia Orthopaedic Fellow in Orthopaedic Trauma – Dr. David Cinats – August 1, 2018 – July 30, 2019.

University of British Columbia Orthopaedic Fellow in Orthopaedic Trauma – Dr. Irfan Abdulla – August 1, 2017 – July 30, 2018.

University of British Columbia Orthopaedic Fellow in Orthopaedic Trauma – Dr. Brian Le – July 1, 2016 – June 30, 2017

University of British Columbia Faculty of Medicine Summer Student Research Project supervisor – Alex Hoffer – July – August 2016.

University of British Columbia Fellow in orthopaedic trauma – Dr. Mahyar Sotoodeh – October 2015 – July 2016.

University of British Columbia Orthopaedic Fellow in orthopaedic trauma – Dr. Lukasz Soswa. August 2014 – July 2015.

University of British Columbia Orthopaedic Fellow in orthopaedic trauma and lower extremity reconstruction – Dr. Shannon Samler. August 2013 – February 2014

University of British Columbia Orthopaedic Fellow in lower extremity sports and trauma surgery – Dr. Mark DaCambra. August 2012 – April 2013

University of British Columbia Orthopaedic Residents - Teaching and supervision of orthopaedic resident during their two month orthopaedic trauma rotation at the Royal Columbian Hospital. August 2007 - present

University of British Columbia Medical Students - Teaching and supervision of third year medical student during their two week orthopaedic rotation at the Royal Columbian and Eagle Ridge hospitals. August 2007 – present

University of British Columbia Family Medicine Residents – Weekly teaching and supervision of family medicine residents in the cast clinic. August 2007 – present.

Continuing Education Teaching Activities

Faculty Member (Lecturer)
Emerging Trends in Community Orthopaedic Trauma Care
Vancouver, BC. October 19, 2019 (lectures prepard, course not attended due to family emergency)

Faculty Member (Lecturer, Lab Instructor, Discussion Group Mentor) AO Trauma Course – Basic Principles of Fracture Management Madison, WI. May 30-June 3, 2018

Knee Physical Examination

Medical and Return to Work Planning (MARP) Work Disability Prevention **Education Session**

WorksafeBC Richmond, BC. November 25, 2016

Lab Instructor

Distal Femur Fractures, ORIF and retrograde IM nailing Western Orthopedic Association Annual Meeting Coeur D'Alene, Idaho. July 30, 2015

Speaker on Panel Discussion

Predicting Outcomes for Orthopaedic Injuries to Knee, Shoulder and Hip Predicting the Future in Personal Injury Claims: For Doctors, Lawyers and **Therapists**

Vancouver British Columbia. December 5, 2014

Lecturer and Lab Instructor

Orthopaedic Trauma Association Residents' Comprehensive Fracture Course Tampa, Florida. October 16, 2014

Clinical Day Worksafe BC **Knee Physical Examination** Richmond, BC June 13, 2104

Lecturer and Lab Instructor (1/2 day)

Orthopaedic Trauma Association 2013 Fall Comprehensive Fracture Course for Residents 2.0. Phoenix, Arizona October 10, 2013.

Instructor / Lecturer (1 day) - Bioskills Workshop Uganda Sustainable Trauma Orthopaedic Program, Kampala, Uganda September 30, 2012

Program Director and Speaker

Mountain Medical Society of British Columbia Annual Conference, Retallack, BC March 2012

Instructor (2h) – Calcaneus Fractures

Orthopaedic Trauma Association Fall Resident's Course, San Antonio, Texas October 13, 2011

Instructor and Lecturer (2 days)

AO North America Operating Personnel Basic Course, Vancouver, BC

August 12-13, 2011

Instructor and Lecturer (5h)
Principles of the Taylor Spatial Frame for Operating Room Nurses
Royal Columbian Hospital, New Westminster, BC
April 30, 2011

Program Director and Speaker

Mountain Medical Society of British Columbia Annual Conference, Retallack, BC March 2011

Instructor and Lecturer AO North America Operating Personnel Advanced Course, Seattle, WA November 2010

Program Director and Speaker

Mountain Medical Society of British Columbia Annual Conference, Retallack, BC March 2010

Program Director and Speaker Monashee Medical Update, Monashee, BC March 2009

Fractures of the Hip (1h)
Queens Park Hospital (Medical Staff), New Westminster, BC
November 6, 2009

Instructor and Lecturer AO North America Operating Personnel Advanced Course Vancouver, B.C March 2008

Laboratory Instructor

Advanced Knee Arthroscopy Course, Course Instructor, Northern Clinical Skills Laboratory, Sydney, Australia, May 2006

Clinical teaching of medical students and residents
Schulich School of Medicine, University of Western Ontario 2000 – 2005
Identified by students as an "outstanding teacher" and received four letters of recognition

Instructor Advanced Trauma Life Support 2004 – 2 courses, 2003 – 2 courses, 2002 – 1 course

Instructor

Introduction to Surgery Course for Junior Surgical Residents University of Western Ontario, 2002

Scholarly and Professional Activities

Area of subspecialization

Orthopaedic acute trauma and lower extremity reconstruction (malunion and nonunion fracture management, hip and knee arthroplasty, cartilage and soft tissue reconstruction knee)

Invited Presentations

Virtual Knee Physical Examination and Imaging Webinar Series for Medical Advisors Visiting Specialist Clinic, Worksafe BC September 29, 2020

Virtual Knee Physical Examination Lower Extremity Webinar Series for Medical Advisors Visiting Specialist Clinic, Worksafe BC June 2, 2020

BC's Clinical Practice Guideline for Pelvic Ring Injury P. Guy and D. Viskontas UBC Provincial Orthopaedic Grand Rounds November 27, 2019

Pertrochanteric Femoral Fractures UBC Ortho Update Vancouver, BC. May 3, 2019

Intracapsular Hip Fractures AO Trauma Course – Basic Principles of Fracture Management Madison, WI. May 30-June 3, 2018

Screw Design and Function AO Trauma Course – Basic Principles of Fracture Management Madison, WI. May 30-June 3, 2018

Complex Ankle and Tibial Plafond Fractures Schatzker Trauma Conference Kelowna, BC. May 26, 2018.

Suprapatellar Tibial Nailing

Schatzker Trauma Conference Kelowna, BC. May 26, 2018.

Distal Femur Fractures – a few things that may help Juan de Fuca Orthopaedic Conference, Knee Potpourri Victoria, BC. April 8, 2017.

Suprapatellar tibial nailing Juan de Fuca Orthopaedic Conference, Knee Potpourri Victoria, BC. April 8, 2017.

Imaging of the Knee Medical and Return to Work Planning (MARP) Work Disability Prevention Education Session WorksafeBC Richmond, BC. November 25, 2016.

Intra-articular fractures of the distal femur Stryker Trauma Case Controversies Course Vancouver, British Columbia. October 14, 2016.

Intra-articular fractures of the distal tibia Stryker Trauma Case Controversies Course Vancouver, British Columbia. October 14, 2016.

Fractures of the ankle Stryker Trauma Case Controversies Course Vancouver, British Columbia. October 14, 2016.

Orthopaedic tips and tricks Stryker Trauma Case Controversies Course Vancouver, British Columbia. October 14, 2016.

Preventing Surgical Site Infections: Wipe and Shine Royal Columbian Hospital Surgical Quality Improvement Research Day Vancouver, British Columbia. February 26, 2016.

Combined Posterior Pelvic-Acetabular Trauma
Case Presentation / Provocateur
Orthopaedic Trauma Alumni Symposium 2015
University of Texas, Houston, Texas. November 6-8, 2015

Combined Intra-articular injuries to the ankle and hindfoot Case Presentation / Provocateur Orthopaedic Trauma Alumni Symposium 2015 University of Texas, Houston, Texas. November 6-8, 2015 Proximal 1/3 tibial fractures – debate plate fixation vs IM nailing Western Orthopedic Association Annual Meeting Coeur D'Alene, Idaho. July 31, 2015

Management of Open Fractures
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting
University of British Columbia, Vancouver, British Columbia. May 7, 2015

Proximal and Distal Tibial Fractures – Current Evidence, Tips and Tricks and Case Presentations.

2014 University of British Columbia Orthopaedic Trauma Update Vancouver, British Columbia. November 1, 2014

Distal Radius Fracture Case Studies in Geriatric Patients
Orthopaedic Trauma Association – Residents' Comprehensive Fracture Course
Tampa, Florida. October 16, 2014

Locked plate technology – what, when, how Orthopaedic Trauma Association – Residents' Comprehensive Fracture Course Tampa, Florida. October 16, 2014

Direct Lateral Approach to Tibial Plafond Fractures
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting
University of British Columbia, Vancouver, British Columbia. May 2014

Fractures of the bicondylar tibial plateau – case study Orthopaedic Trauma Association 2013 Fall Comprehensive Fracture Course for Residents 2.0. Phoenix, Arizona October 10, 2013

Fractures of the lateral tibial plateau – case study Orthopaedic Trauma Association 2013 Fall Comprehensive Fracture Course for Residents 2.0. Phoenix, Arizona October 10, 2013

Bicondylar tibial plateau fractures Orthopaedic Trauma Association 2013 Fall Comprehensive Fracture Course for Residents 2.0. Phoenix, Arizona October 10, 2013

This is Your Shanz. Pin the Pertroch.
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting

University of British Columbia, Vancouver, British Columbia. May 2013

Knee Osteoarthritis for Family MDs. What you can do. What we can do. Fraser Northwest Division of Family Medicine Vancouver Golf Club, Coquitlam, BC. Apr 2013

Contemporary Management of Vancouver B1 Periprosthetic Fractures of the Femur

Orthopaedic Update and Research Day British Columbia Orthopaedic Association Annual Meeting University of British Columbia, Vancouver, British Columbia. May 2012

Mounting Evidence in Ankle and Achilles Injuries
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting
University of British Columbia, Vancouver, British Columbia. May, 2011

Tibial Plafond Fractures, Instructional Course Lecture. Canadian Orthopaedic Association Annual Conference, Edmonton, Alberta. June 2010

Intramedullary Nailing of Subtrochanteric Femoral Fractures
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting
University of British Columbia, Vancouver, British Columbia. May 2, 2009

Hip Dislocations and Femoral Head Fractures
Orthopaedic Update and Research Day
British Columbia Orthopaedic Association Annual Meeting
University of British Columbia, Vancouver, British Columbia. May, 2008

Other Presentations

Distal Femoral Fracture Fixation with Lateral and Medial Plating. Shaun Lampen MSI. Queens University Research Showcase. September 2019.

Medial and Lateral Distal Femoral Plating. Shaun Lampen MSI (presenter). Royal Columbian Hospital Orthopaedic Grand Rounds. August 8, 2019.

Fluid Lavage of Open Wounds (FLOW): A Multi-Center, Blinded, Factorial Trial Comparing Alternative Irrigating Solutions and Pressures in Patients with Open Fractures. Royal Columbian Hospital operating room nurses. March 31, 2016.

Vancouver B1 Periprosthetic Fracture Study – locked plating vs locked plating and strut allograft (RCT). Royal Columbian Hospital operating room nurses. February 4, 2016.

INSURT – Infrapatellar vs Suprapatellar Reamed Tibial Nailing Randomized Controlled Trial proposal Canadian Orthopaedic Trauma Society Meeting, OTA San Diego, October 2015.

Uganda Sustainable Trauma Orthopaedic Program (USTOP) Trip Reflections October 2012. Royal Columbian Hospital Orthopaedic Rounds, Royal Columbian Hospital, British Columbia. November 29, 2012.

Tension Band Wiring. Bioskills workshop. Mulago Hospital, Makerere University, Kampala, Uganda. September 30, 2012.

Screw Design and Function. Bioskills workshop. Mulago Hospital, Makerere University, Kampala, Uganda. September 30, 2012.

Surgical Reduction Techniques: Respecting Bone. Bioskills workshop. Mulago Hospital, Makerere University, Kampala, Uganda. September 30, 2012.

It Is Healed – Isn't It? (Fracture Healing). Department of Orthopaedic Surgery, University of British Columbia Grand Rounds. Vancouver, British Columbia. March 28, 2012.

Bisphosphonate Related Fractures of the Femur.

Mountain Medical Society of British Columbia Annual Medical Update. Retallack, British Columbia. March 2012.

Principles of Fracture Healing. AO North America Operating Personnel Basic Course. Vancouver, British Columbia. August 12, 2011.

Achilles Tendon Ruptures: Has our treatment been wrong all these years? Mountain Medical Society of British Columbia Annual Medical Update, Retallack, British Columbia, March 2011.

Proximal humerus and shaft fractures. Advanced Course for Operating Room Personnel. Seattle, Washington. November 12-13, 2010.

Floating Knee Injuries. Advanced Course for Operating Room Personnel. Seattle, Washington. November 12-13, 2010.

Tibial Nonunions and Bone Defects. Department of Orthopaedic Surgery, University of British Columbia Grand Rounds. Vancouver, British Columbia. October 6, 2011.

Hip fractures for Emergency Medicine Physicians. Mountain Medical Society of British Columbia Annual Medical Update. Retallack, British Columbia. March 2010.

Can I ski with my metal and plastic knee? High Impact Sports after Total Knee Arthroplasty. Monashee Medical Update, Monashee, British Columbia March 2009.

Wrapping the ring and plugging the pipes. Acute management of pelvic fractures. Royal Columbian Hospital Surgery Grand Rounds. Royal Columbian Hospital, New Westminster, British Columbia. January 15, 2009.

Conference Participation

Chair

Mountain Medical Society of British Columbia Annual Medical Update Retallack, BC March 2012

Chair

Mountain Medical Society of British Columbia Annual Medical Update Retallack, BC
March 2011

Chair

Mountain Medical Society of British Columbia Annual Medical Update Retallack, BC March 2010

Chair Monashee Medical Update Monashee, BC March 2009

Service to the University of British Columbia

Orthopaedic Resident Selection Committee Department of Orthopaedic Surgery February 1, 2016

Orthopaedic Trauma Fellowship Director Royal Columbian Hospital Department of Orthopaedic Surgery August 2013 - present

Resident Promotion Committee
Department of Orthopaedic Surgery
June 2013 - present

Orthopaedic Resident Selection Committee Department of Orthopaedic Surgery February 8, 2013

Representative for Department of Orthopaedic Surgery Clinical Faculty Affairs Committee April 2009 – June 2012

Service to the Hospital

Quality Assurance Representative Department of Orthopaedic Surgery Royal Columbian Hospital January 2012 - present

Orthopaedic Trauma Equipment Representative Department of Orthopaedic Surgery Royal Columbian Hospital January 2009 – present

Service to the Community

British Columbia Complex Orthopaedic Trauma Specialist Advisory Group – Member. Acute Pelvic Fracture Management Guideline Development 2017 – present

Advisor to Medical Imaging Committee on establishing provincial (British Columbia) guidelines for appropriate indications for knee MRIs December 2017 – June 2018

British Columbia Orthopaedic Association Executive Committee Member May 2017 - present

British Columbia Orthopaedic Value Analysis Team Member May 2017 - present

British Columbia Orthopaedic Association Representative for Provincial Request for Proposal for Orthopaedic Trauma Implants, May 2015 – May 2017

Establishment of Musculoskeletal Medicine Clinic at Fraser Orthopaedic Institute through – to assist in decreasing wait times for musculoskeletal consultations. Shared Care Committee, Fraser Health Authority. September 2014 - present

Shared Care Committee – Orthopaedic Lead Liaison for Department of Orthopaedics at Royal Columbian Hospital to Family Medicine, Fraser Health Authority. June 2012 - present

Royal College of Physicians and Surgeons of Canada Examiner for Orthopaedic Surgery, November 2012 – May 2018

Fraser Orthopaedic Institute President. September 2011 – present.

Memberships on Scholarly Societies

AOTrauma North America Orthopaedic Faculty Member February 2017 – present

Member of Trauma Subcommittee, British Columbia Orthopaedic Association, March 2010 - present

Orthopaedic Trauma Association Associate Member, October 2008 - present

British Columbia Orthopaedic Association, April 2008 - present

British Columbia Medical Association, October 2007 - present

Canadian Orthopaedic Trauma Society, August 2007 - present

American Medical Association, August 2006 – July 2007

Fellow of the Royal College of Surgeons of Canada, July 2005 - present

American Academy of Orthopaedic Surgeons (International Affiliate Member), July 2000 - present

Canadian Orthopaedic Association, July 2000 - present

Canadian Medical Association, July 2000 - present

Ontario Medical Association, 2000 – 2007

New South Wales Medical Board (No. MPO 351974), January – July 2006

Medical Council of New Zealand (No. 40199), July – December 2005

College of Physicians and Surgeons of Ontario (No. 74932), July 2000 – June 2005

Professional Association of Internes and Residents of Ontario (PAIRO), July 2000 – June 2005

Canadian Orthopaedic Residents' Association – July 2000 –June 2005

Licences and Certification

Cardiopulmonary Resuscitation Recertification, January 2012, January 2015, January 2020

Canada Good Clinical Practice Collaborative Institutional Training Initiative (CITI). 2 Mar 2015

Ethical Conduct for Research Involving Humans Course on Research Ethics TCPS 2: CORE. 10 Sep 2014

Protection of Human Research Subjects. Collaboration IRB Training Initiative (CITI) Program. 14 Mar 2009

College of Physicians and Surgeons of British Columbia (No. 275920, August 2007 - present

State of Washington Department of Health (No. MD00046990), August 2006 – July 2007

Centers for Medicare and Medicaid Services, United States Department of Health and Human Services (NPI:1528173259)

Drug Enforcement Administration, United States Department of Justice (No. BV9934161), August 2006 – May 2009

New South Wales Medical Board (No. MPO 351974), January – July 2006

Medical Council of New Zealand (No. 40199), July - December 2005

College of Physicians and Surgeons of Ontario (No. 74932), July 2000 – June 2005

Fellow of the Royal College of Surgeons of Canada (No. 580690), July 2005 - present

AO ASIF Principles of Fracture Management, November 2002

Advanced Trauma Life Support – Instructor Certification, September 2002

Principles of Surgery Examination, Royal College of Physicians and Surgeons of Canada, May 2002

Licentiate of the Medical Council of Canada (No. 91145) (Step 1, 2), December 2001

United States Medical Licensing Examination Steps 1, 2, 3 (No. 4-074-952-5), November 2001

Advanced Trauma Life Support - Certification, November 2000

Advanced Cardiac Life Support - Certification, May 2000

Reviewer

Orthopaedic Journal of Sports Medicine Member of Editorial Board January 2013 to 2016

Journal of Orthopedic Trauma 2008 to 2012

American Journal of Sports Medicine 2009 to 2016

Other

Ugandan Sustainable Trauma Orthopaedic Program – volunteer surgeon and educator at Mulago Hospital, Kampala, Uganda. (September 28 – October 15, 2012)

Awards and Distinctions

Orthopaedic Trauma Association Edwin G. Bovill, Jr., MD Memorial Lecturer 2015 for "A Multi-Centre Randomized Control Trial Comparing A Novel Intramedullary Device (Intertan) Vs. Conventional Treatment (SHS) Of Geriatric Hip Fractures. (Intertan Study)." (Viskontas – co-investigator)

American Society for Sports Medicine O'Donaghue Award 2014 for "Sport Medicine Outcomes: Multi-Center ACL Revision Study (MARS)". (Viskontas – co-investigator)

Orthopaedic Trauma Association Edwin G. Bovill, Jr., MD Memorial Lecturer 2012 for "Operative versus nonoperative treatment of acute dislocations of the

acromioclavicular joint: results of a multicenter randomized, prospective clinical trial." (AC Joint) (Viskontas – co-investigator)

Orthopaedic Trauma Association Edwin G. Bovill, Jr., MD Memorial Lecturer 2011 for "Study to compare operative versus non-operative functional treatment in patients with unstable isolated fibular fractures." (Weber B) (Viskontas – co-investigator)

Presidential Award of Merit / Research Award "Canadian Orthopaedic Trauma Society (COTS)" from the Canadian Orthopaedic Association. (COTS member) July 2011

Award for Excellence in Orthopaedic Resident Teaching, University of British Columbia. Academic Year 2009 / 2010

Runner Up for J.A. Nutter Award for Best Paper - Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Canadian Orthopaedic Residents' Association 30th Annual Conference, Toronto, Ontario. November 2004.*

W.H. Bailey Award for Best Research Paper - Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Thirty-second Clinical Seminar in Orthopaedic Surgery. University of Western Ontario. London, Ontario. September 2004.*

Best Poster Presentation in Applied Science - Application of an Intra-Operative Load Measuring System for Knee Replacement Surgery. Skrinskas TV, Viskontas DG, Ferreira LM, Chess DG, Johnson JA. *Canadian Arthritis Network Conference, Montreal, 2003*

Highest Standing in Surgery, University of Ottawa, 1999

Medical Research Council Research Studentship, 1998

Silver Medal, University of Toronto, St. Michael's College, 1996

University of Toronto Dean's List, 1995, 1996

University of St. Michael's College Scholarship, 1995

Lithuanian Canadian Foundation Scholarship, 1993-1998

Lithuanian Labdara Foundation Scholarship, 1993-1998

Publication Record

Peer Reviewed Publications

Fixation using alternative implants for the treatment of hip fractures (FAITH-2): The Clinical outcomes of a multicenter 2x2 factorial randomized controlled pilot trial in young femoral neck fracture patients. G. Slobogean, S. Sprague, S. Bzovsky, T. Scott, L. Thabane, D. Heels-Ansdell, R. O'Toole, A. Howe, G. Gaski, L. Hill, K. Brown, D. Viskontas, M. Zomar, G. Della Rocca, N. O'Hara, M. Bhandari, FAITH-2 Investigators. Journal of Orthopedic Trauma; 34; 524-532.

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Hip Fracture Evaluation with Alternatives of Total Hip Arthroplasty versus Hemi-Arthroplasty (HEALTH): Design, Rationale and Execution of Global Trials. Canadian Orthopaedic Association Annual Meeting. Vancouver, British Columbia. June 2015.

Extramedullary versus Intramedullary Fixation for Unstable Intertrochanteric Fractures: A Prospective Randomized Control Study Rudolf Reindl, QC; Edward J. Harvey, QC; Gregory K Berry, QC; Canadian Orthopaedic Trauma Society (Viskontas – co-investigator). Orthopaedic Trauma Association Annual Meeting. Phoenix, AZ. October 2013

Extramedullary versus Intramedullary Fixation for Unstable Intertrochanteric Fractures: A Prospective Randomized Control Study Rudolf Reindl, QC; Edward J. Harvey, QC; Gregory K Berry, QC; Canadian Orthopaedic Trauma Society (Viskontas – co-investigator). Canadian Orthopaedic Association Annual Meeting. Winnipeg, ON. June 2013

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Computer assisted gap equalization (CAGE) in total knee arthroplasty. Viskontas DG, McCalden R, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. 11th Meeting of the Combined Orthopaedic Associations. Sydney, Australia. October 2004.

Lateral acromion angle: Do x-ray and MRI interpretations correlate and is it a reliable method of acromion morphology assessment? Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. 11th Meeting of the Combined Orthopaedic Associations. Sydney, Australia. October 2004. (poster)

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Efficacy of the Taylor Spatial Frame in correction of tibial deformities. Viskontas DG, MacLeod MD, Sanders DW. Canadian Orthopaedic Residents' Association 28th Annual Meeting. Winnipeg, Manitoba, September 2002.

Decline in Haemophilus Influenza Type B bone and joint infections in the post-vaccine era. Howard AW, Viskontas DG, Sabbagh C. *Canadian Orthopedic Association*. *Saint John's*, *Newfoundland*. *July* 1999.

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Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Department of Surgery Research Day. University of Western Ontario, London, Ontario. November 2004.

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Application of a new intra-operative load measuring system to assist ligament balancing and implant alignment in knee replacement surgery. Skrinskas TV,

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Work in Progress

(Humeral Shaft Study) A Randomized Prospective Trial Comparing Operative and Non-Operative Treatment of Humeral Shaft Fractures. Canadian Orthopaedic Trauma Society. Ongoing patient enrolment. Contributing surgeon

(Ulnar Shaft Study) Randomized Clinical Trial Comparing Open Reduction and Internal Fixation with Non-Operative Treatment of Isolated Ulnar Shaft Fractures. Canadian Orthopaedic Trauma Society. Ongoing patient enrolment. Site Principal Investigator

(FCL Study) A Multicentre, Randomized Trial of Far Cortical Locking versus Standard Constructs for Acute, Displaced Fractures of the Distal Femur treated with Locked Plate Fixation. Ongoing patient enrolment. Site Principal Investigator

(Vancouver B1 Study) Isolated locked compression plating versus cable plating and strut allograft with cerclage wiring for Vancouver B1 periprosthetic femoral fractures: A Randomized Controlled Trial. Site Principal Investigator

(Hip Questionnaire Study – COTS H) The Development of a Self-Administered, Evaluative Outcome Measure for Young, Active Patients with Hip Pathology. Co-Investigator

of Life in Patients with Displaced Femoral Neck Fractures. Co-Investigator

(RIA vs AICBG Study)Reamer Irrigator Aspirator versus Autogenous Iliac Crest Bone Graft for the Treatment of Non-Unions: A Multi-Centre Randomized Controlled Trial. Co-Investigator

(PPDF-RCT Study)Treatment of Periprosthetic Distal Femur Fractures: A Randomized Controlled Trial of Locking Plate Osteo-synthesis versus Retrograde Nailing. Co-Investigator

(Syndesmosis Ankle Study) A Prospective Randomized Multi-Center Study to Compare Open Reduction, TightRope Fixation (OT) versus Open Reduction Screw Fixation (OS) of the Tibio-Fibular Syndesmosis. Co-Investigator

(INSURT Study) Infrapatellar versus Suprapatellar Reamed Intramedullary Nailing for Tibial Fractures. Randomized Controlled Trial. Principal Investigator.